

Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- [The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

- a. Under the Federal Requirements, we received 2s in many areas:
 - i. Goals for nutritional education
 - ii. Compliance with nutrition standards for reimbursable meals
 - iii. Protecting our free and reduced lunches
 - iv. Including many groups in our committee
 - v. Making the policy available to the public
- b. Under the Nutrition Environment and Services, we received 2s in:
 - i. Providing families with free and reduced lunch information/applications
 - ii. Providing free drinking water to students.
- c. Under Physical Education, we received 2s in:
 - i. Having a written curriculum
 - ii. Aligning curriculum with state standards
 - iii. Providing recess

2. List opportunities for improvement in the wellness policy:

- a. We do not currently regulate the food and beverages served at classroom parties (Valentine's Day and Christmas).
- b. We did not have a written policy for how we ensure that students are not lunch shamed for not having negative balances. Though a written policy does not exist, we are extremely careful to ensure the student is never punished for an adult issue.
- c. Our policy did not address any ongoing training for our PE teacher.

3. As a result of the comparison, was new language adopted in the LWP?

- Yes (complete notes section & question 4)
- No (skip to question 5)

5. Describe the next steps for strengthening your LWP.

Our committee will meet at least twice this upcoming school year. We will discuss our results and review our LWP to determine next steps. We will also review our progress on the goals established for 2026-2029.

